

Healthy Communities Newsletter

November 2020



CLARK COUNTY
WASHINGTON

PUBLIC HEALTH

Community partners working *together*
to build health and resilience

Click here to
subscribe

Our Community Meetings

Scroll to bottom for a description of each group

SAVE THESE DATES!

Safe Kids Clark County, Faith Based Coffee
and ACEs Action Alliance
will *not* meet in November

Nov. 12 - Trauma-Informed Schools Workgroup meeting

- 1 - 3 pm
- Zoom meeting
- Find links and info in this newsletter

November 16 - Clark County Breastfeeding Coalition

- 12:00 - 1:30 pm
- Zoom meeting

An updated calendar for all meetings can also
be found at

<http://acesactionalliance.org>



aces
ACTION ALLIANCE

ACEs Action Alliance*

*ACEs: Adverse Childhood Experiences

The ACEs Action Alliance is open to all members of the community.

The four key functions served by the ACEs Alliance:

1. Educate and build awareness of ACEs and toxic stress, resilience, the Trauma-Informed pathway and community efforts;
2. Facilitate opportunities for community mobilization;



3. Promote and facilitate cross-sector convening, connection and collaboration;
4. Collect, evaluate and share community indicators of ACEs, root causes, and resilience.

Beginning in January 2021, all meetings will take place from 9 to 11 am on the second Wednesday of the month:

- **ACEs Action Alliance Learning Collaborative** supports learning and awareness about childhood trauma and individual/community resilience. The learning collaborative will meet in **February, May and October**. Throughout 2021 we will focus on building community belonging and inclusion on a strengths-based foundation.
- **The Community Action Alliance Network** supports inclusive and collaborative cross-sector connections and will meet four times per year in **January, March, June and September**.

Next meeting:

The Community Action Alliance Network will meet on **Wednesday, January 13, 2021 from 9 to 11 am**. Location (likely online!) coming soon.

Update from the Oct. 28 ACEs Alliance Meeting:

Two videos were shared:

- [Childhood Trauma and The Brain](#) illustrates the impact of adversity and trauma on the developing brain. By impacting a child's reward system, threat system and autobiographical memory system, stress and trauma create latent vulnerability, which may influence perceptions and behavior for a lifetime.
- In the film, [What is Generational Trauma?](#), Joy DeGruy, MSW, Ph.D. explains historical trauma from the lens of Post Traumatic Slave Syndrome. Survival adaptation to hostile environments over generations can result in depressed immunity, adaptive behavior and long-term stress and must be addressed through robust efforts to achieve social justice and equity.

The Alliance is seeking community members to serve on the Alliance's Community Advisory Council. The council will function as an oversight committee to ensure the Alliance represents and considers diverse voices and life experiences and supports equity, cultural and gender sensitivity and aligns with community aspirations and priorities as we strive toward preventing and healing trauma and building a self-healing, resilient community. Please contact [Cyndie Meyer](#) to volunteer or suggest community members.

The Steering Committee is forming three new sub-committees/teams.

Please contact [Cyndie Meyer](#) if you are interested in serving on a team or task force or if you would like to be considered for the Alliance Steering Committee as positions open:

- **Planning Team** will plan education/outreach events and content for meetings of the learning collaborative.
- **Policy Team** will research and develop a public policy platform that supports healthy families and children by mitigating/preventing the multi-generational impact of ACEs and trauma.
- **Infrastructure Task Force** will draft guiding principles, charter, by-laws, etc. for a sustainable Alliance.

We launched a year-long focus on belonging and inclusion that led many participants to say this was one of the most refreshing and uplifting meetings they had attended in months. Hope you will join us for the next session on this topic: **Feb. 10, 2021 from 9 to 11 am**. Meeting assignment:

What are your sources of power and strength?

- Connection
- Confidence
- Character
- Coping
- Competence
- Contribution
- Control

The Seven C's of Resilience

Trauma-Informed Schools Workgroup

The TI Schools Workgroup is for people who work in or with early childhood ed & K-12 schools.

October meeting ([A recording of the October TI Schools meeting is available here](#))

The Trauma Informed Schools Team met on Oct. 8. Hayley Pickus and Cyndie Meyer from Clark County Public Health reported on the county-wide survey of Trauma-Informed School and Districts and shared a sample report of what is generated for school districts that participate. Camas, Washougal and Evergreen School Districts participated last spring. Other districts have delayed participation due to the pandemic and the impact on in-school operations.

[Bruce and Deanne Maki](#) from [Educational Impact](#) provided an overview of the Trauma-Informed Academy that features training and conferences by Heather Forbes, author of "Help for Billy" and other books on trauma-informed parenting and education. The academy features a 13-hour curriculum and video library that provides access to in-classroom demonstrations, all presentations from the 2018 Trauma-Informed Schools Conference, and the new Classroom 180 series by Heather Forbes. To learn more, contact [Cyndie Meyer](#) or go to [Educationalimpact.org](#).

Next meeting:

- Thursday, November 12, 2020
- 1 - 3 pm
- At this meeting, we will learn about Info Maps, a new online, interactive database for Clark County. We will review and discuss implications of the Healthy Youth Survey Data and what they tell us about trauma, adversity and health risk behavior in our youth. We will become familiar with the RISE program from the Alliance for a Healthier Generation, and we will discuss the article ["How Trauma Informed Are We, Really?"](#)
- [CLICK HERE at 1 pm on Nov. 12 to join the meeting](#) or copy and paste the following info into your calendar:
- <https://us02web.zoom.us/j/81126870294?pwd=L0JQRWZQM0U0UWpieElndz09>
- Meeting ID: 859 3921 7822

- **Passcode: 157719**

- Or connect by PHONE - requires Meeting ID & Passcode above
 - +1 253 215 8782
 - +1 669 900 9128

For more information on the ACEs Action Alliance, resources, links to past newsletters, events and more, go to:

www.ACEsActionAlliance.org or follow us on Facebook at www.Facebook.com/ACEsActionAlliance.

Faith-Based Coffee

Vancouver and Evergreen Faith Based Coffee groups met for a *combined* virtual Faith-Based Coffee meeting on Oct. 22. [You can view a recording of the meeting here.](#) Scroll down for resources and announcements shared at the meeting.

Next meeting: will take place in January. Please watch upcoming newsletters for date, time and link.



Follow us on Facebook for meeting updates and information

www.facebook.com/VancouverFaithBasedCoffee

www.facebook.com/groups/EvergreenFaithBasedCoffee

Product Recalls

Safe Kids Worldwide [lists product recalls](#) each month. Please note: Product recalls never expire, so it's important to check the recalls on a regular basis. This is especially important for hand-me-down or pre-owned children's products.

Used child car seats and bike helmets should **never** be re-used in case their integrity is compromised.



Safe Kids Clark County
no monthly meeting

- [Follow us on Facebook](#)

Child Car Seat Safety
class and clinic

No class in November

Keeping Kids Safe

Home Safety During the Coronavirus Pandemic: Creating a Safe Place for Children to Play

Safe Kids Worldwide has developed recommendations for keeping children safe at home since home is now also school and playground for most kids and their parent's office. Recommendations include keeping cleaning supplies and medicines out of reach of children as well as guns. This article has more suggestions for making your home safe for your kids or grandkids.

Keeping Your Family Safe

As fall turns into winter, with the coronavirus cases increasing in most states, suggestions for keeping your family safe are explored in this article ["5 Ways Families can](#)

Prepare as Coronavirus Cases Surge². Most importantly vaccinate your family and your family's mental health are two of the five suggestions explored in this article.



Clark County Breastfeeding Coalition meeting

Clark County Breastfeeding Coalition strives to improve the health of our community by working collaboratively to protect, promote and support breastfeeding.



- **Next meeting: Monday, Nov. 16, 2020, Noon to 1:30 pm**
- **on-line via Zoom**
- If interested in attending, please contact [Yasmina Akinin](#)

Community Announcements and Resources

Please send a pdf of announcements and fliers to [Cyndie Meyer](#) before the last week of the month.

Central Vancouver Coalition is looking for your input

If you live in the following zip codes: 98661, 98662, 98664, the Central Vancouver Coalition wants to hear from YOU!

We are a coalition whose mission is to reduce and prevent youth substance use by building an inclusive, resilient and connected community through awareness, education, and collaboration. We are asking community members to complete a survey to help us understand your thoughts and feelings surrounding youth substance use. Your feedback will help us to better serve youth and families in our community.

This survey is anonymous, and your responses will be kept confidential.

If you're interested in seeing the results of the survey or to learn more about the coalition, please join us at our monthly meetings on the third Thursday of the month on Zoom or visit our website www.centralvancoalition.org.

This survey should take 10-20 minutes to complete.
Survey Link: <https://www.research.net/r/CLCEVAEN2020>

If you have any questions or want to know more about the coalition, please email me at katherine.zavala@esd112.org



Swindells Resource Center



Off to a Great Start!

Early Childhood Mental Health

For parents and caregivers of children zero to five

The role of parents and caregivers is of the utmost importance in the healthy development of infants and young children. Join Alejandra Moreno, LPC to learn about Early Childhood Mental Health including:

- What is Early Childhood/Infant Mental Health
- The importance of the role of the family/caregivers
- Appropriate behaviors according to stages of development
- When a behavior becomes worrisome



EVENT DETAILS



**WEDNESDAY
DECEMBER 9**



6:00-7:00PM



ONLINE



FREE EVENT



503-215-2429



Swindells@Providence.org

**REGISTRATION
CLICK HERE**

This workshop is free thanks to the support of the Providence Children's Health Foundation and its generous donors.

FUNDING OPPORTUNITY: Strengthening Family and Community Engagement

Qualified organizations are invited to submit proposals to embed Vroom brain-building content and activities into their programs and initiatives. Vroom translates brain science into tips and activities for parents and caregivers of children age 0 to 5. It helps them make the most of the moments they already have with their children.

See the [Request for Proposals \(RFP\)](#) for information about qualifications, approach and how to submit a proposal. If you intend to submit a proposal, you must register to



CLARK COUNTY
BEHAVIORAL HEALTH
CRISIS SYSTEM

TOWN HALL

Adult- October 28th

Youth- November 5th

6 to 7:30 PM

Moderated by Jim Mains



No Registration Required!

A virtual town hall to discuss the Clark County Behavioral Health Crisis System.

- What is the Crisis System and who are the players?
- Are there ways we might improve the system?
- What is working well?
- What is your experience with the system?



This event is sponsored by Beacon Health Options, and will be virtually hosted by Rainier Springs.

Adult Behavioral Health Town Hall Zoom Access

October 28th 6-7:30pm

[Click Here or Call 1-669-900-6833](#)

Meeting ID: 96557673389

Youth Behavioral Health Town Hall Zoom Access

November 5th 6-7:30pm

[Click Here or Call 1-669-900-6833](#)

Meeting ID: 98255703140

For questions or help accessing the Town Hall please
contact Kirstin Peterson at 360-216-3020 or
Kirstin.peterson@beaconhealthoptions.com.



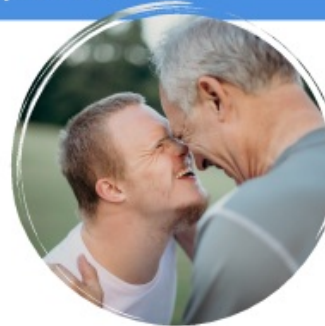


Government Benefits Workshop

Government benefits for individuals who experience special needs

Please join the Swindells Resource Center and Hayley Palmer with the Abeona Group for an overview of programs that can help support your loved one and how best to navigate the complexities within these programs.

- SSI and SSDI
- Medicaid and Medicare
- K-Plan and ABLE Act
- Additional resources



Thursday
November 12

Event Details



6:00-7:00 PM



*Virtual Training
on Zoom*



Free Event

✉ swindells@providence.org

For more information
or to register
[Click Here](#)



503-215-2429

**ABEONA
GROUP**

This workshop is free thanks to the
generous support of our
Children's Health Foundation
and community partners.

Mental Health Supports

- **Washington Listens** is a new non-clinical crisis line for people feeling elevated stress due to COVID-19. [Click here for more details.](#)
- **SAMHSA Disaster Distress Helpline:** 24/7, 365-day-a-year crisis counseling and support for people experiencing emotional distress related to natural or human-caused disasters. Call 1.800.985.5990 or text TalkWithUs to 66746 to connect with a trained crisis counselor.
- **National Suicide Prevention Lifeline:** 24/7, 365-day-a-year hotline for people experiencing suicidal crisis or emotional distress. Call 1.800.273.8255 or [click here](#) to chat.
- **Council for the Homeless** – [What's Open](#)
- **Clark County Food Bank** partners' [complete list, updated daily.](#)

Report Child Abuse or Neglect Directly to Your Local Region

866-764-2233

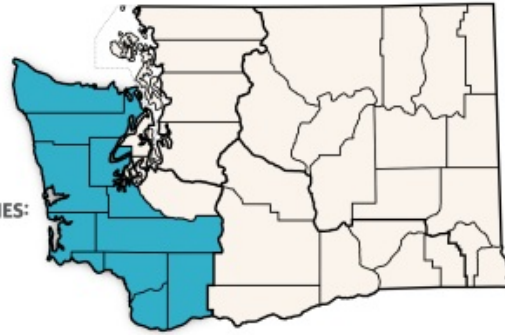
Statewide End Harm Line:
866-363-4276

REGION 6 – SOUTH WESTERN WASHINGTON COUNTIES:

CLALLAM
CLARK
COWLITZ
GRAYS HARBOR

JEFFERSON
LEWIS
MASON
PACIFIC

SKAMANIA
THURSTON
WAHKIAKUM



The statewide End Harm line will continue to be available 24/7.

For more information about reporting abuse of a child, visit the DCYF website at www.dcyf.wa.gov

*If you would like copies of this document in an alternative format or language, please contact DCYF Constituent Relations
(1-800-723-4831 / 360-902-8060, ConstRelations@dcyf.wa.gov).*

DCYF PUBLICATION CWP_0036 F (01-2020)



Washington State Department of
CHILDREN, YOUTH & FAMILIES



Signs and Symptoms of Child Abuse, Neglect, and Mental Injury

The following information is provided to familiarize you with physical and behavioral indicators that are often associated with child abuse, neglect, and mental injury. Please note that the list is not inclusive. Nor does the presence of any of these indicators necessarily mean that a child is being abused or neglected or is a victim of mental injury. However, the repeated occurrence of an indicator, the presence of several indicators in combination, or the appearance of serious injury or harm should alert you to the possibility of abuse or neglect.

Possible indicators of child physical abuse include:

Physical Indicators

- Unexplained welts or bruises (especially facial bruises on infants), burns, fractures, lacerations, abrasions, human bite marks.
- Appearance of injuries after school absence, weekend, or vacation.
- Absence of hair and/or hemorrhaging beneath the scalp due to vigorous hair pulling.
- Cigar or cigarette burns, especially on feet, hands, or buttocks.
- Burns or cuts patterned like an electric burner, iron, belt buckle, etc.
- Immersion burns indicating dunking in a hot liquid (glove-like or sock-like burns on hands or feet, doughnut-shaped burns on buttocks).
- Rope burns that indicate confinement (on arms, legs, neck, and torso).

Behavioral Indicators

- Easily frightened or fearful of adults and parents.
- Wary of physical contact initiated by parents or anyone else.
- Apprehensive when adults approach another crying child.
- Constantly on the alert for danger, is guarded and distrustful.
- Destructive to self or others.
- Extremes of behavior – aggressive and withdrawn.
- Runaway or delinquent behavior.
- Reporting unbelievable reasons for injuries.
- Cautious when asked about the sudden appearance of an injury, looks at parent for an answer.
- Wears clothing that is clearly meant to cover the body when not appropriate.
- Seems afraid or reluctant to go home.

Possible indicators of child sexual abuse include:

Physical Indicators

- Difficulty in walking or sitting.
- Torn, stained or bloody underwear.
- Genital/anal itching, pain, swelling or bleeding or burning.
- Frequent urinary tract or yeast infections.
- Venereal disease.
- Pregnancy.
- Frequent psychosomatic illnesses.

Behavioral Indicators

- Extreme fear for no apparent reason.
- Inability to trust.
- Anger and hostility.
- Inappropriate sexual behavior.
- Depression.
- Guilt or shame.
- Sudden drop in school performance.
- Somatic complaints.
- Sleep disturbances (nightmares, bed wetting, sleeping in clothing)
- Eating disorders.
- Withdrawal, fantasy, or infantile behavior.
- Suicidal gestures or statements.
- Running away (especially for females).
- Fire setting; fascination with fire.

Vancouver Public Schools Grab and Go Meal Information

Grab-and-go meals are offered Monday through Friday (unless there is no school that day). Students, parents or guardians can pick up meals from 11 a.m. to 12:30 p.m. at the following locations:

- Anderson Elementary, 2215 NE 104th
- Fruit Valley Elementary, 3410 NW Fruit Valley Rd.
- Ogden Elementary, 3200 NE 86th
- Roosevelt Elementary, 2921 Falk Rd.
- Washington Elementary, 2908 S. St.
- Discovery Middle School, 800 E. 40th
- Jason Lee Middle School, 8500 NW 9th
- McLoughlin Middle School, 5802 MacArthur Blvd.

All children 18 years old or younger are eligible for free meals through at least December 2020.

LIGHTHOUSE

RESOURCE CENTER

FREE FINANCIAL COUNSELING

The sudden 2020 economic downturn triggered by the Covid-19 pandemic has impacted many local residents. The Lighthouse Resource Center is currently available to provide financial counseling to residents looking for guidance on how to best manage their finances in this new economy.

We have been awarded a grant from the City of Vancouver to offer financial coaching services to any Vancouver resident at no cost to those who participate. These services are funded by the Building Financial Stability Community Development Block Grant through HUD. The coaching can be tailored to your particular needs, topics including the options listed to the right.

The Lighthouse Resource Center has been providing these services to Vancouver residence for over 25 years, improving the financial lives of residents in our community. We have expanded our capabilities by engaging Save First Financial Wellness to assist with these services.

NO COST FINANCIAL
COACHING

FINANCIAL
EDUCATION

BUILDING CREDIT

FIRST TIME HOME
BUYER WORKSHOPS

WORKING WITH
SAVE FIRST
FINANCIAL
WELLNESS



CONTACT US AT

Via email at
[lighthouse@SaveFirst
Financial.org](mailto:lighthouse@SaveFirstFinancial.org)

By phone at
(360) 690-4496
Option - 0



CLARK COUNTY, WA Emergency Rental Assistance Program (ERAP)*

*Resources are limited and assistance is not guaranteed.

RENT ASSISTANCE ACCESS POINTS

Please call either:



Housing Hotline | 360-695-9677

Monday-Friday | 9am-5pm • Saturday | 11am-5pm
Se habla Español.

OR



English | 360-952-8317 Ext 387

Español | 360-952-8318 Ext 386

Monday-Friday | 9am-5pm

Additional info: [CouncilForTheHomeless.com/ERAP](https://councilforthehomeless.com/ERAP)

HOW HOUSEHOLDS QUALIFY:

- Income is below 50% of Area Median Income (\$46,050 for family of 4) in the last 2 months
- Owe past due rent since March 1, 2020
- Renting in Clark County, WA
- Additional screening requirements must be met

WHAT YOU WILL NEED*:

- Documentation of Income, if possible
- A W-9 Form and agreement signature will be requested from the landlord

*Citizenship not required.



Landlord-Tenant Issues?

Clark Co. Volunteer Lawyers Program
360-334-4007 or info@ccvl.org

This project was supported by a grant awarded by US Department of the Treasury. Points of view in this document are those of the author and do not necessarily represent the official position or policies of the US Department of the Treasury. Grant funds are administered by the Local Government Coronavirus Relief Fund thru the Washington State Department of Commerce.

8.12.2020

2020 – 2021

SEXUAL ASSAULT PROGRAM UPCOMING AND CURRENT SUPPORT GROUPS

Due to Covid-19 restrictions, all support groups will be held virtually until further notice. Participation is confidential. Groups are offered at no charge. Pre-registration is required for all groups.

Teen Girl's Group

For adolescent women (13-17) who have been sexually assaulted at any time in their lives. Groups are inclusive regardless of sexual identity. Groups currently meet on Thursdays.

For more information contact De – 360.906.9151 or email dstewart@ywcaclarkcounty.org.

Adult Women's Group

For adult women who have been sexually assaulted at any time in their lifetime. Groups are inclusive regardless of sexual identity.

This is an eight-week group.

Pre-registration is required.

For more information contact De – 360.906.9151 or email dstewart@ywcaclarkcounty.org.

Parent's Group (non-offending)

For parents whose children have been sexually assaulted at any time in their lifetime. Groups are inclusive regardless of sexual identity.

This is a four-week group.

Pre-registration is required.

For more information contact De – 360.906.9151 or email dstewart@ywcaclarkcounty.org.

Latina Women's Group (en Español)

For adult Latina women who have been sexually assaulted at any time in their lifetime. Groups are inclusive regardless of sexual identity. Due to COVID-19 the group meets telephonically.

For more information contact Irma – 360.906.9118 or email imagana@ywcaclarkcounty.org.

Workshop Series for Community Members and Parents

Where We Live (non-offending parents and community members)

Where We Live is a set of four workshops for adults who want to learn skills for keeping kids safer. Topics include potential perpetrators and their tactics, effective ways to address suspicious behaviors and tools for comfortably discussing healthy relationships with children. This workshop is free but pre-registration is required. Do you have a group or organization that would benefit from Where We Live? We may be able to bring the series to your location.

For more information contact De – 360.906.9151 or email dstewart@ywcaclarkcounty.org.

PublicAlerts

SIGN UP TODAY!

Clark Regional Alert and Notification System



Behavioral Health Toolbox for Families

Supporting Children and Teens During the COVID-19 Pandemic

JULY 2020

Publication 821-105



Resources

More articles and info:

- The Centers for Disease Control and Prevention offers seven free online courses in health literacy to help you improve your communication skills. Some offer free continuing education credit. [Check it out here.](#)
- [Leading through Crisis-The Importance of Mindset, Self-Care, and Leader Resilience](#), Nov. 18, 1-1:45 p.m. During this uplifting session, Marissa Levine (alumna-VA) will draw on her 16 years of state government service and expertise in leadership to share the important role of mindset, self-care, and resilience with public health professionals leading during the COVID-19 pandemic. [Register here.](#)
- [How to Create Safe and Nurturing Environments at Work.](#) This archived webinar how to create safe and nurturing environments that allow you to provide care in a trauma-informed way. Leveraging this framework is more important now than ever before as we navigate the effects of COVID-19.

COVID-19 and other Health & Safety Resources

Keep up-to-date with factual information about COVID-19

- Clark County Public Health: <https://www.clark.wa.gov/public-health/novel-coronavirus>
- WA Department of Health: <https://www.doh.wa.gov/Emergencies/Coronavirus>
- [The COVID-19 dashboard](#) lets you track case numbers statewide, county by county. Numbers are updated daily.
- Centers for Disease Control and Prevention: <https://www.cdc.gov/coronavirus/2019->

- **Washington State Coronavirus Hotline: 800.525.0127.** Open 6 am-10 pm Monday through Friday and 8 am to 6 pm on weekends and holidays. This hotline is a partnership effort between Washington State Department of Health and Washington 211. This replaces the DOH novel coronavirus call center. *(Please note that the statewide 211 system differs from our local 211 system.)*
- **Joint Information Center for Washington State:** <https://coronavirus.wa.gov/>
- **Concerned that a local business may be violating Safe Start guidance** (requirements for face coverings, occupancy limits, etc.)? Submit a report through the [Safe Start site](#), which will route to the appropriate licensing and/or oversight agency, such as the Department of Labor and Industries or the Department of Health, for follow up. Concerns about events that violate Safe Start Guidance may also be reported to the same site: <https://coronavirus.wa.gov/report-safe-start-violation>
- **Suspected violations at local food establishments** may also be reported to [Clark County Public Health](#) for follow up by the local food safety team.

About our coalitions and community groups

The ACEs Action Alliance is:



A multi-sector collaborative of public and private organizations and individuals. We raise awareness about adverse childhood experiences (ACEs) and their long-term impact. We promote trauma-informed approaches and policies to support resilience and healing for people of all ages. All are welcome at monthly meetings.

The Trauma-Informed Schools Team is open to anyone who works in or with schools in Clark County. We meet monthly to explore tools, resources and applications of trauma-informed principles for schools.

Check the calendar at ACEsActionAlliance.org for current meeting information and other resources.

[ACEsAction Alliance on Facebook](#)

Faith-Based Coffee is:



A non-denominational bridge that joins faith partners, communities and local schools to share learning, meet the needs of children, families and neighborhoods, and address emergent needs that arise in our community. All are welcome. Members maintain the separation of church and state at meetings and when fulfilling needs by serving from the heart without promoting personal religious beliefs or engaging in religious recruitment.

[Evergreen Faith-Based Coffee on Facebook](#)

[Vancouver Faith Based Coffee on Facebook](#)

Safe Kids Clark County is:



A member of [Safe Kids Worldwide](#), a grassroots network of more than 600 coalitions and chapters that work closely with law enforcement officers, firefighters, paramedics, health professionals, educators, businesses, public policy makers, and, most importantly, parents and kids to promote safety. Priorities include proper car seat use, baby's safe sleep, reducing child vehicular injuries and deaths, and water safety. Local coordination provided by American Medical Response (AMR).

[Safe Kids Clark County on Facebook](#)

Clark County Breastfeeding Coalition is:

A coalition that works to improve the health of our community by promoting, protecting and supporting breastfeeding. CCBC is committed to identify and eliminate barriers to breastfeeding among families of all races and ethnicities



in Clark County in order to foster a culture of inclusion.

The coalition works collaboratively to connect, educate and promote breastfeeding practices in all Clark County communities. CCBC also works to create an environment that supports breastfeeding as the cultural norm for infant feeding.

[Clark County Breastfeeding Coalition](#)

The **Healthy Communities Newsletter** is published the first week of each month. To submit announcements or share information, please send complete information or attach a high resolution pdf file to cyndie.meyer@clark.wa.gov by the 20th of the month prior. All submissions will be screened and may be edited prior to publication.

If you would like to receive the Healthy Communities Newsletter, please email Jan.Dolph@clark.wa.gov

For other formats, contact the Clark County ADA Office
Voice 564.397.2322 / Relay 711 or 800.833.6388 / Email ADA@clark.wa.gov